

fall-themed vegan cupcakes



We celebrated Bean's 4th b-day yesterday at our local kid's play space, and enhanced the experience with my tried and true vegan cuppies made from the [Cherrybrook Kitchen](#) vegan baking mix. It seemed necessary to top them with floral-shaped candy sprinkles in fall colors: orange, yellow, green and pink. The gummy squares you see on the white frosting (also made from Cherrybrook Kitchen—their vegan frosting mix) are Trader Joe's organic assorted fruit jellies, made with no artificial anything.

If you're wondering which of Trader Joe's goodies are veggie or vegan, go to their [veggie and vegan food lists](#) on their web site. Most of their yummys are made with sugar, but generally omit chemical additives and artificial colors.

On a related note, I just discovered this delectable-looking [candy blog](#). You will find sub-sections for their goodies that

are sugar-free, ethically-sourced, organic and kosher.

Just in time for Halloween!